COMMISSIONERS COURT
COMMUNICATION

COURT ORDER NUMBER 145751
PAGE 1 OF 5
DATE: 8/19/2025

SUBJECT: **BID NO. F2025171 - ANNUAL CONTRACT FOR FITNESS CLASSES AND PERSONAL TRAINER SESSIONS - COUNTYWIDE - VARIOUS VENDORS - PER HOURLY RATES**

COMMISSIONERS COURT ACTION REQUESTED

It is requested that the Commissioners Court award Bid No. F2025171, Annual Contract for Fitness Classes and Personal Trainer Sessions, Countywide, to the following vendors at the per hourly rates:

Primary	Mind Body Play, PLLC
Secondary	Flip Five Enterprise
Alternate	Righteous Livity Works

BACKGROUND

Notice of the County's intent to bid was advertised in a local newspaper, as required by State statute, and posted on the Internet, the Arlington Black Chamber of Commerce, the Fort Worth Hispanic Chamber of Commerce, the Fort Worth Metropolitan Black Chamber of Commerce, and the Tarrant County Asian American Chamber of Commerce. Two hundred thirty-three (233) vendors were contacted and requested to participate in this bid process. All documents pertaining to this bid were posted on the Tarrant County website and were downloaded by interested bidders. A pre-bid conference held on June 18, 2025 was attended by one (1) vendor as well as representatives from Human Resources and Purchasing. Four (4) bids and one (1) no-bid were received.

Bids were evaluated by Human Resources and Purchasing representatives. Award recommendations are to the low bid meeting specifications.

The term of the contract is twelve (12) months, effective October 1, 2025, with two (2) options for renewal periods of twelve (12) months each.

The purpose of this contract is for fitness classes and personal trainer sessions for Tarrant County employees.

Therefore, it is the joint recommendation of Human Resources and Purchasing that Bid No. F2025171, Annual Contract for Fitness Classes and Personal Trainer Sessions, be awarded to the vendors listed above at the per hourly rates.

FISCAL IMPACT

Expenses for the last twelve (12) months was $55,640.00. Funding has been requested in the FY 2026 budget request.

SUBMITTED BY	Purchasing	PREPARED BY:	Amos Jones Jr.
		APPROVED BY:	Christopher Lax, CPSM, CPSD, CPCP

Bid No. F2025171 - Annual Contract for Fitness Classes and Personal Trainer Sessions

				Primary Award		Secondary Award		Alternate Award			
				Mind Body Play, PLLC Fort Worth, TX HUB - Yes Coop - Yes		Flip Five Enterprise LLC Fort Worth, TX HUB - Yes Coop - Yes		Righteous Livity Works LLC Dallas, TX HUB - No Coop - Yes		MRS X AKFITNESS LLC Fort Worth, TX HUB - No	
Line	Description	QTY	UOM	**Unit**	**Extended**	Unit	Extended	Unit	Extended	Unit	Extended
1	Fitness Class (Plaza) - Mondays 12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
2	Fitness Class (Plaza) - Mondays5:30pm - 6:30pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
3	Fitness Class (RC) - Mondays 12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
4	Fitness Class (Plaza) - Tuesdays 12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
5	Fitness Class (Plaza) - Tuesdays5:30pm - 6:30pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
6	Fitness Class (Plaza) - Wednesdays 12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
7	Fitness Class (Plaza) - Wednesdays5:30pm - 6:30pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
8	Fitness Class (Plaza) - Thursdays 12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
9	Fitness Class (Plaza) - Thursdays5:30pm - 6:30pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
10	Fitness Class (Plaza) - Thursdays12:00pm - 1:00pm	52	Per hour	**$70.00**	**$3,640.00**	$85.00	$4,420.00	$100.00	$5,200.00	$150.00	$7,800.00
11	Personal Trainer Session (Plaza) - Wednesdays 11:00am - 12:00pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00

Bid No. F2025171 - Annual Contract for Fitness Classes and Personal Trainer Sessions

				Primary Award		Secondary Award		Alternate Award			
				Mind Body Play, PLLC Fort Worth, TX HUB - Yes Coop - Yes		Flip Five Enterprise LLC Fort Worth, TX HUB - Yes Coop - Yes		Righteous Livity Works LLC Dallas, TX HUB - No Coop - Yes		MRS X AKFITNESS LLC Fort Worth, TX HUB - No	
Line	Description	QTY	UOM	**Unit**	**Extended**	Unit	Extended	Unit	Extended	Unit	Extended
12	Personal Trainer Session (Plaza) - Wednesdays 12:00pm - 1:00pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00
13	Personal Trainer Session (Public Health) - Thursdays 11:30pm - 12:30pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00
14	Personal Trainer Session (Resource Connection) - Thursdays 5:15pm - 6:15pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00
15	Personal Trainer Session (Public Health) - Thursdays 11:30am - 12:30pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00
16	Personal Trainer Session (Resource Connection) - Thursdays 1:15am - 2:15pm	52	Per hour	**$75.00**	**$3,900.00**	$85.00	$4,420.00	$100.00	$5,200.00	$95.00	$4,940.00
				$	**59,800.00**	$	70,720.00	$	83,200.00	$	107,640.00

Note: Texas Pipeline Services no bid F2025171.

TARRANT COUNTY

Department of Human Resources **Civil Service Administration**

Roxie Held
Director

May 23, 2025

To Whom It May Concern,

This letter serves as official confirmation that the following awardees have been reviewed and approved by the Human Resources Department for the referenced Bid No. F2025171 – Annual Contract for Fitness Classes and Personal Trainer Session:

- Primary Awardee: Mind Body Play
- Secondary Awardee: Flip Five Enterprise
- Alternate Awardee: Righteous Livity Works

These selections were made in accordance with County procurement policies and procedures. We respectfully request inclusion of this item on the agenda for the August 19, 2025, Commissioners Court. Please let us know if any additional documentation is needed.

Sincerely,

Roxie Held

Roxie Held (Jul 24, 2025 13:20:58 CDT)
Roxie Held
Human Resources Director

TAKINGS IMPACT ASSESSMENT CHECKLIST

Complete this form for any county action that involves the adoption of a regulation, policy, guideline, court resolution, or order.

Project/Regulation Name: Bid No. F2025171 - Annual Contract for Fitness Classes and Personal Trainer Sessions - Countywide - Various Vendors - Per Hourly Rates

County Department: PURCHASING

Contact Person: Melissa Lee, C.P.M., A.P.P.

Phone Number for Contact Person: (817) 884-3245

Type of TIA Performed: (SHORT TIA) or FULL TIA. Circle one after answering the questions in Sections II and III below.

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I. Stated Purpose

Attach to this checklist an explanation of the purpose of the regulation, policy, guideline, court resolution, or order.

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Note: The remainder of this Takings Impact Assessment Checklist should be completed in consultation with the Criminal District Attorney's Office.

II. Potential Effect on Private Real Property

1. Does the county action require a physical invasion, occupation, or dedication of real property?

   Yes_____ No__√__

2. Does the county action limit or restrict a real property right, even partially, or temporarily?

   Yes_____ No__√__

If you answered yes to either question, go to Section III. If you answered no to both, STOP HERE and circle SHORT TIA at the top of the form.

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