

PROCLAMATION ALZHEIMER'S & BRAIN AWARENESS MONTH

WHEREAS, the month of June is acknowledged as Alzheimer's & Brain Awareness Month, raising awareness about Alzheimer's disease and other dementias; and

WHEREAS, Alzheimer's disease leads to nerve cell death and tissue loss in the brain, which slowly destroys memory and thinking skills, eventually limiting the ability to carry out daily tasks; and

WHEREAS, Alzheimer's is the most common type of dementia and the 5th leading cause of death in Tarrant County, resulting in 664 deaths in 2023.; and

WHEREAS, simple daily actions such as prioritizing sleep, healthy eating, and regular exercise can make a positive difference in brain health and lower the risk of cognitive decline; and

WHEREAS, staying mentally and socially active by learning a new skill, adopting a new hobby, or seeking more education is key to brain health; and

WHEREAS, we stand united in our commitment to reduce the negative impact of Alzheimer's and other dementias in Tarrant County and thank the numerous nonprofits, medical providers, and caregivers who assist those who face cognitive decline; and

NOW, THEREFORE, BE IT RESOLVED, that we, the Commissioners Court of Tarrant County, do hereby proclaim June 2025 as Alzheimer's & Brain Awareness Month in Tarrant County.

IN WITNESS WHEREOF, we have hereunder set our hands and caused the Seal of Tarrant County to be affixed this 17th day of June 2025.