

PROCLAMATION

Post Traumatic Stress Disorder Month

WHEREAS, Post Traumatic Stress Disorder (PTSD) can occur after a person experiences trauma including, but not limited to the stress of combat, assault, child abuse, accidents and natural disasters, and affects approximately 8 million adults in the United States annually; and

WHEREAS, the brave men and women of the United States Armed Forces, Police Officers, Firefighters and other First Responders, who proudly serve our nation and communities, risk their lives daily to protect us, deserve the investment of every possible resource to ensure their lasting physical, mental, and emotional well-being; and

WHEREAS, PTSD stress among our military and first responders is significantly pronounced, given that they are often exposed to highly traumatic events for weeks, months, and even years; and

WHEREAS, despite its treatability, many cases of PTSD remain undiagnosed and untreated due to a lack of awareness of this condition and the persistent stigma associated with mental health conditions; and

WHEREAS, all citizens suffering from PTSD deserve our consideration, and those who are affected by PTSD from wounds received while protecting our freedom, deserve our respect and special honor; and

WHEREAS, Tarrant County recognizes June 2025, as National Post Traumatic Stress Disorder (PTSD) Awareness Month, dedicating our efforts to enhancing education, increasing awareness, and reducing the stigma associated with PTSD; and

NOW, THEREFORE, BE IT RESOLVED, that we, the Commissioners of Tarrant County, do hereby proclaim the month of June, 2025, as National Post Traumatic Stress Disorder month, and call upon Tarrant County residents to recognize, honor, and give thanks to these amazing professionals for their daily service, and continued commitment to the safety and freedom of our nation and communities.

IN WITNESS WHEREOF, we have hereunto set our hands and caused the Seal of Tarrant County to be affixed this 17th day of June 2025.